

February 2016

Lenten Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>Sisters of St. Francis</i> Dubuque, Iowa</p>			<p>"Praise be my Lord for Sister Water, humble, precious, pure." St. Francis of Assisi</p>			
			<p>10 Ash Wednesday "Thousands have lived without love, not one without water." W.H.Auden</p>	<p>11 Visit www.osfdbq.org and read more about the Sister Water Project.</p>	<p>12 American residents use about 100 gallons of water a day. water.epa.gov</p>	<p>13 Donate 25 cents for every shower you took this week.</p>
<p>14 Pray for people without safe drinking water.</p>	<p>15 1.1 billion of the poorest people in our world lack the most basic stuff of life: safe drinking water. Living Water International</p>	<p>16 If you rarely wonder if the water coming out of your faucet is unsafe, donate \$2.00.</p>	<p>17 Half of the hospital beds in the world are filled with people suffering from a water-related condition. Living Water International</p>	<p>18 If you have access to medical care, donate \$3.00.</p>	<p>19 "It is life, I think, to watch the water. A person can learn so many things." Nicholas Sparks</p>	<p>20 Residents of sub-Saharan Africa use 2-5 gallons of water a day. water.epa.gov</p>
<p>21 "I'm content to do my little bit" Thea Bowman What's your little bit?</p>	<p>22 If you bought bottled water in the past 6 months, donate \$1.00.</p>	<p>23 More than 2.5x more people lack water than live in the U.S. water.org</p>	<p>24 1,000 gallons of water are used to produce one gallon of milk. wateruseitwisely.org</p>	<p>25 Donate 25 cents for every glass of milk you have this week.</p>	<p>26 More people have a cell phone than a toilet. water.org</p>	<p>27 For every person you sent a text message to today, donate 10 cents.</p>
<p>28 If you don't have a rain barrel, donate \$1.00.</p>	<p>29 Every 21 seconds, a child dies from a water related illness. water.org</p>					
						<p>"Water of life, Jesus our light; journey from death to new life." David Haas</p>

March 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Over 713 gallons of water go into the production of one T-shirt. wateruseitwisely.org	2 Donate 5 cents for every T-shirt in your house.	3 It takes more than ten gallons of water to produce one slice of bread. wateruseitwisely.org	4 Donate \$2.00 if you have easy access to a grocery store.	5 For every load of laundry you did this week, donate 50 cents.
6 "When the well is dry, we will know the worth of water." Benjamin Franklin	7 "Of course, your voice always sounds better in the shower...maybe it's the water." David Boreanaz	8 Donate \$1.00 for every shower in your house.	9 At one drip per second, a faucet can leak 3,000 gallons of water a year. wateruseitsisely.org	10 For every faucet in your house, donate 25 cents.	11 "Water is the driving force of all nature." Leonardo da Vinci	12 If you have colored, drawn or painted in the past year, donate \$1.00.
13 Daylight Saving Spend some time near water today and play!	14 Women spend 200 million hours a day collecting water. water.org	15 Donate \$1.00 if you have glasses, cups and pitchers for water.	16 Donate 50 cents for every time you used water in the first hour of your day.	17 St. Patrick's Day For every article of green clothing you own, donate 25 cents.	18 Lack of access to clean water and sanitation kills kids at a rate of a jumbo jet crashing every 4 hours. UNICEF, WHO 2009	19 Donate \$1.00 for every time you have flown in the past 12 months.
20 Vernal equinox Have a conversation today with a friend or family member about Sister Water.	21 Water is the primary mode of transportation for all nutrients in the body. allaboutwater.org	22 Donate \$2.00 if you have access to safe water at home, work and/or school.	23 It takes 6 1/2 yrs for an American to use the amt of water needed to fill an Olympic size pool. water.epa.gov	24 Donate \$1.00 if you know how to swim.	25 Good Friday Water can prevent and alleviate headaches. allaboutwater.org	26 Donate \$1.00 if you have vitamins and medicine in your house.
27 Easter  Donate all the money collected to the Sister Water Project!	 Thank you for supporting the Sister Water Project! www.osfdbq.org Mail donations to: Sister Water Project, Mount St. Francis, 3390 Windsor Ave., Dubuque IA 52001 Because of you and your donation, more people will have access to clean drinking water.					

"For many of us, clean water is so plentiful and readily available that we rarely, if ever, pause to consider what life would be like without it."

Marcus Samuelsson