

# March

# 2017

# Lenten Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>"Praise be my Lord for Sister Water, humble, precious, pure."</b> St. Francis of Assisi</p>			<p><b>1 Ash Wednesday</b> "Thousands have lived without love, not one without water." W.H. Auden</p>	<p><b>2</b> Visit <a href="http://www.osfdbq.org">www.osfdbq.org</a> and learn more about the Sister Water Project.</p>	<p><b>3</b> Water is the primary mode of transportation for nutrients in the body. <a href="http://allaboutwater.org">allaboutwater.org</a></p>	<p><b>4</b> Donate 50 cents for every time you used water in the first hour of your day.</p>
<p><b>5</b> "When the well is dry, we will know the worth of water." Benjamin Franklin</p>	<p><b>6</b> American residents use about 100 gallons of water a day. <a href="http://water.epa.gov">water.epa.gov</a></p>	<p><b>7</b> Residents of sub-Saharan Africa use 2-5 gallons of water a day. <a href="http://water.epa.gov">water.epa.gov</a></p>	<p><b>8</b> Donate 25 cents for every shower you took since Lent started.</p>	<p><b>9</b> 1.1 billion of the poorest people in our world lack the most basic need: safe drinking water. Living Water International</p>	<p><b>10</b> If you rarely wonder if the water coming out of your faucet is unsafe, donate \$2.00.</p>	<p><b>11</b> For every load of laundry you did this week, donate 50 cents.</p>
<p><b>12</b> Pray for people who lack safe drinking water.</p>	<p><b>13</b> Half of the hospital beds in the world are filled with people suffering from a water-related condition. Living Water International</p>	<p><b>14</b> If you have access to medical care, donate \$3.00.</p>	<p><b>15</b> "It is life, I think, to watch the water. A person can learn so many things." Nicholas Sparks</p>	<p><b>16</b> Donate \$2.00 if you have access to safe water at home, work and/or school.</p>	<p><b>17 St Patrick's Day</b> For every article of green clothing you own, donate 25 cents.</p>	<p><b>18</b> If you don't have a rain barrel, donate \$1.00.</p>
<p><b>19</b> "I'm content to do my little bit." Sr. Thea Bowman, FSPA What's your little bit?</p>	<p><b>20 Spring Begins</b> Spend some time near water today. Enjoy the first day of Spring!</p>	<p><b>21</b> 1 in 10 people (663 million) lack access to safe water. <a href="http://water.org">water.org</a></p>	<p><b>22</b> 1,000 gallons of water are used to produce one gallon of milk. <a href="http://wateruseitwisely.org">wateruseitwisely.org</a></p>	<p><b>23</b> Donate 25 cents for every glass of milk you drank this week.</p>	<p><b>24</b> More people have a cell phone than a toilet. <a href="http://water.org">water.org</a></p>	<p><b>25</b> For every person you sent a text message to today, donate 10 cents.</p>
<p><b>26</b> Have a conversation today about the Sister Water Project.</p>	<p><b>27</b> 713 gallons of water go into the production of one T-shirt. <a href="http://wateruseitwisely.org">wateruseitwisely.org</a></p>	<p><b>28</b> Donate 5 cents for every T-shirt in your house.</p>	<p><b>29</b> Lack of access to clean water kills kids at a rate of a jumbo jet crashing every 4 hours. Unicef, WHO 2009</p>	<p><b>30</b> Donate \$1.00 for every time you have flown in the past 12 months.</p>	<p><b>31</b> In 6.5 years, an American uses the amount of water needed to fill an Olympic size pool. <a href="http://water.epa.gov">water.epa.gov</a></p>	

# April

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>"Water of life, Jesus our light; journey from death to new life."</b> David Haas</p>				<p>1 Donate \$1.00 if you know how to swim.</p>
<p>2 "Of course, your voice always sounds better in the shower...maybe it's the water." David Boreanaz</p>	<p>3 Donate \$1.00 for every shower in your house.</p>	<p>4 At one drip per second, a faucet can leak 3,000 gallons of water a year.  wateruseitwisely.org</p>	<p>5 For every faucet in your house, donate 25 cents.</p>	<p>6 "Water is the driving force of all nature."  Leonardo da Vinci</p>	<p>7 If you have colored, drawn or painted in the past year, donate \$1.00.</p>	<p>8 If you bought bottled water in the past 6 months, donate \$1.00.</p>
<p>9 <b>Palm Sunday</b>  Water is the most common substance found on earth.</p>	<p>10 Women spend 200 million hours a day collecting water.  water.org</p>	<p>11 Donate \$1.00 if you have glasses, cups and/or pitchers for water.</p>	<p>12 It takes more than ten gallons of water to produce one slice of bread. wateruseitwisely.org</p>	<p>13 <b>Holy Thursday</b>  Donate \$2.00 if you have easy access to a grocery store.</p>	<p>14 <b>Good Friday</b>  Water can prevent and alleviate headaches.  allaboutwater.org</p>	<p>15 <b>Holy Saturday</b>  Donate \$1.00 if you have vitamins and medicine in your home.</p>
<p>16 <b>Easter Sunday</b>              Donate all money collected to the Sister Water Project!</p>	<p>"For many of us, clean water is so plentiful and readily available that we rarely, if ever, pause to consider what life would be like without it." Marcus Samuelsson</p>					



*Sisters of St. Francis*  
Dubuque, Iowa

Thank you for supporting the Sister Water Project! [www.osfdbq.org](http://www.osfdbq.org)

Please mail donations to: Sisters of St. Francis, Sister Water Project, 3390 Windsor Ave., Dubuque IA 52001

Because of your generosity, more people will have access to clean drinking water.